



| Agency | Services | Information |
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| <p>211 in Dutchess County 211 or 800-899-1479, available 24/7 text your zip code to 898-211</p> | <p>Information & Referral</p> | <p>211 is an easy to remember number that helps you find help in your community, things like housing, food, mental health & substance use services, and more. www.211hudsonvalley.org</p> |
| <p>Dutchess County Department of Behavioral and Community Health 85 Civic Center Plaza, Poughkeepsie, NY 12601 (845) 486-3400 Mon-Fri, 9:00 am - 5:00 pm</p> <p>Stabilization Center & SPOA Unit 230 North Rd., Poughkeepsie, NY 12601 SPOA, (845) 486-2808, smayfield@dutchessny.gov</p> <p>Dutchess County Suicide Prevention Hotline Call or text 988 or 845-485-9700</p> | <p>Mental Health Services, Substance Use Services</p> | <p>Provides programs to meet the mental health needs of the county residents for the prevention, treatment, and rehabilitation of mental illness, developmental disabilities or substance addiction.</p> <p>The Stabilization Center is for people dealing with mental health, substance use, or other life issues and crises. It is made up of mental health professionals that offer crisis services and intervention to individuals within Dutchess County who are experiencing a behavioral health or emotional crisis. No referral or appointment is necessary. https://www.dutchessny.gov/Departments/DBCH/behavioral-health-services.htm</p> |
| <p>Dutchess County Department of Community and Family Services 60 Market St., Poughkeepsie, NY 12601 Emergency Housing – 845-4867-3300 SNAP – 845-486-3250 Temporary Assistance - 845-486-3190</p> | <p>Emergency Shelter, Public Benefits</p> | <p>Provides public assistance, temporary assistance, safety net, medical assistance (Medicaid), SNAP (food stamps), HEAP (Home Energy Assistance Program), utility shutoff assistance, eviction assistance, services for the homeless, and employment supportive services. www.dutchessny.gov</p> |
| <p>Dutchess County Office of Veterans Affairs 1335 Rt. 44, Ste. 2, Pleasant Valley, NY 12569 (845) 486-2060; Mon-Fri, 9:00am–5:00pm</p> | <p>Veterans Services</p> | <p>Offers benefit assistance for every veteran and their families. https://www.dutchessny.gov/Departments/Veteran-Services/Veterans-Services.htm</p> |



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| <p>Community Action Partnership for Dutchess Co. 77 Cannon Street, Poughkeepsie, NY 12601 (845) 452-5104; Mon-Fri, 8:30 am - 4:30 pm 44 East Market St., Red Hook, NY, 12571 (845) 876-1611; Mon-Fri, 8:30am-4:30pm</p> <p>31 Eliza Street, Beacon, NY, 12508 (845) 831-2620; Mon-Fri, 8:30am-4:30pm</p> <p>84 Cannon St., Poughkeepsie, NY, 12601 (845) 452-5104; Mon-Fri, 8:30am-4:30pm</p> <p>3414 New York 22, Dover Plains, NY, 12522 (845) 877-9272; Mon-Fri, 8:30am-4:30pm</p> | <p>Food, Employment, Health Care,</p> | <p>Provides employment assistance, food pantries, utility assistance, prescription assistance.</p> <p>www.dutchesscap.org</p> |
| <p>Hudson River Housing 313 Mill St., Poughkeepsie, NY 12601 (845) 454-5176; Mon-Fri, 8:30 am – 4:30 pm After-Hours Emergency Placement – 845-471-8454</p> | <p>Emergency Shelter, Housing</p> | <p>Develops, rehabilitates and operates emergency, transitional and permanent shelter for low income and homeless families and individuals. Provides After-Hours Emergency Placement for those who become homeless after DSS is closed.</p> <p>www.hudsonriverhousing.org/</p> |
| <p>Mid-Hudson Regional Hospital of Westchester Medical Center 241 North Rd, Poughkeepsie, NY 12601 (845) 483-5000, Mon-Fri, 9:00 am – 5:00 pm</p> <p>THERAPY CONNECTION 1 Webster Ave., Poughkeepsie, NY, 12601 (845) 431-8159; Mon-Fri, 9:00 am – 5:00 pm</p> <p>OUTPATIENT ALCOHOL AND DRUG PROGRAM 201 South Ave., Poughkeepsie, NY, 12601 (845) 483-5512, By appointment</p> | <p>Family Supports, Health Care, Mental Health Services, Substance Use Services</p> | <p>Medical facility providing a wide range of inpatient and outpatient medical services, specialized surgery, substance abuse treatment, rehabilitation therapies, and mental health services.</p> <p>www.midhudsonregional.org/</p> |



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| <p>Mental Health America of Dutchess County 253 Mansion St., Poughkeepsie, NY 12601 (845) 473-2500; Mon-Fri, 9:00 am - 5:00 pm</p> <p>BEACON RECOVERY CENTER 451 Fishkill Ave., Beacon, NY, 12508 (845) 473-2500; Mon-Fri, 8:30am–5:30pm</p> <p>CHEMICAL DEPENDENCY CRISIS CENTER 51 Cannon St., Poughkeepsie, NY, 12601 (845) 471-0310, 24/7</p> <p>Mobile Crisis Intervention Team – 845-372-5500</p> | <p>Housing, Mental Health Services, Family Supports, Substance Use Services, Veterans Services</p> | <p>Assists in helping those with mental health, the prevention of mental illness, and the improved care and treatment of people with mental illnesses. Offers programs of advocacy, education and service to people with mental illness, their families and friends, mental health professionals and the public. Community residences for those in recovery. Veterans programming is available.</p> <p>https://mhadutchess.org/</p> |
| <p>Northern Dutchess Hospital (Nuvance Health) 6511 Spring Brook Ave., Rhinebeck, NY 12572 (845) 876-3001, 24/7</p> | <p>Health Care, Hospital</p> | <p>Hospital providing comprehensive range of emergency, medical and surgical services and fields.</p> |
| <p>Salvation Army Poughkeepsie Corps 19 Pershing Ave., Poughkeepsie, NY 12601 (845) 471-1210; Mon-Fri, 9:00 am - 3:00 pm</p> <p>Thrift Store – Donation Center 570 Main St., Poughkeepsie, NY, 12601 (845) 471-1210; Mon-Fri, 10:00am–6:00pm</p> | <p>Clothing</p> | <p>A multi-service agency which works to help and support those who are in need in the community.</p> |
| <p>Vassar Brothers Medical Center 45 Reade Place Poughkeepsie, NY 12601 (845) 454-8500, 24/7</p> | <p>Health Care</p> | <p>Health care facility providing a wide range of inpatient and outpatient services.</p> <p>https://www.nuvancehealth.org/</p> |



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