



Agency	Services	Information
211 Susquehanna River Region Call 211 or 800-901-2180 Text your zip code to 898-211 www.helpme211.org	Information & Referral	211 is an easy to remember phone number that helps you find help in your community, things like housing, food, mental health & substance use services, and more, available 24/7.
Tioga County Mental Health 1062 State Rt 38, Owego, NY 13827 Satellite Clinic – Waverly 32 Ithaca St., Waverly, NY 14892 607-687-4000 Crisis Services 607-687-4000 or 988 Afterhours 607-687-1010 or 988	Mental Health Services, Substance Use Services	Outpatient services for mental health and addiction. Open Access Walk-in Services for Mental Health and Substance Use are available in Owego between 9am and 4pm, no appointments required, on a first come first serve basis. SPOA – Single Point of Accessibility reviews community referrals for care management, mental health residential housing services, and health home care management for individuals 18+ with severe mental illness.
Tioga County Health and Human Services 1062 Route 38, Owego, NY 13827 607-687-8300	Emergency Shelter, Public Benefits	Provides programs and services to County residents, including emergency shelter, Temporary Assistance, SNAP, HEAP, Child Care subsidy, Child Support Enforcement, Medicaid for long term care, and Adult Protective services.
Tioga County Veterans’ Service Agency 56 Main St., Owego, NY 13827 607-687-8228	Veterans’ Services	Helps veterans and their family members with filing claims for county, state and federal veterans’ benefits; registering for Veterans Administration health services.
Tioga County Open Door Mission 425 North Ave., Owego, NY 13827 607-687-1121 theopendoormission.com	Clothing, Emergency Shelter, Food	Provides emergency and regular food, rent, utility and prescriptions assistance to those in need in Owego Village area. Men’s emergency shelter.
Tioga Opportunities 9 Sheldon Guile Blvd., Owego, NY 13827 607-687-0707 tiogaopp.org	Housing, Transportation	Apartments for rent for older adults and individuals with disabilities. Rental assistance. Transportation training.
UHS Primary Care - Owego 42 West Main St., Owego, NY 13827	Health Care	Primary health care.



For Reentry Resources, Information & Referral call 211 or text your zip code to 898-211 available 24/7

For Suicide & Crisis Lifeline call or text 988, available 24/7

